

Community News

A Newsletter for Friends of Residential Resources, Inc.

March 2020

Carol Ann Turns 50!

Carol Ann MacDonald, Participant & Crystal Fellows, DSP
Londonderry, NH

Carol Ann turned 50 on February 12th and the best way to celebrate it was to go to Disney in Florida to see all her favorite things! She got to see Frozen, Cars, Star Wars, Toy Story, and so much more!! The weather was perfect as she loves the sun and she took lots of pictures with her camera as well! Her favorite at Disney was Frozen and she even said that it snowed!! Olaf is Carol Ann's favorite from Frozen, so she was very excited when she got a picture with him. Oh, and she got the full treatment and got her nails done at the nail salon. Carol Ann loves to have her nails done. Carol Ann got to spend lots of time with her family and enjoy the beautiful weather while in Florida. She went to the beach and walked on the sand.

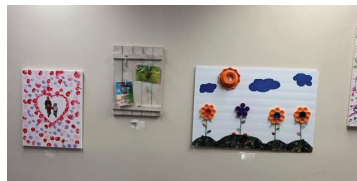
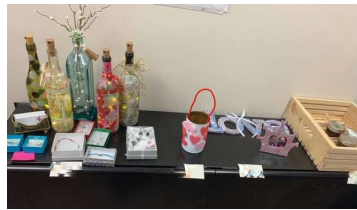


Follow Your H-ART

Rebecca Reynolds, FI Team Lead
Plattsburgh, NY

My favorite part about this job is interacting with the individuals we support. On February 18, 2020, the Residential Resources office in Plattsburgh, NY held its first art show. Around 30 pieces of art were on display throughout the week prior to the show. Those who could not attend the show were invited to view their pieces and the pieces of others whenever they were available to stop by.

The show was quite a hit! There was sparking grape juice, fruits, and cheese served to our special guests. Many asked when we will be holding another show. There were so many varying pieces of artwork, including use of recycled items, jams, jewelry, photography, painted canvases, books, and so many more.

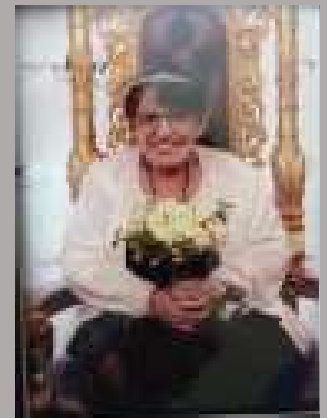


Peggy Gets Her Groove On!

Nicole Gilmartin, Administrative Assistant
Londonderry, NH

Peggy recently went to TWO dances in one weekend. One of the dances she went to was a prom. She was so excited to get her hair and nails done prior to the event, wear her black dress with fancy jewelry, and take her picture in it.

She arrived to the dances in a limo and walked a big red carpet all the way into the dance. At prom she even got a tiara! They named a prom queen and king. She had a blast! One of the nights she said she was able to dance with her longtime friend, Gordon. There was a whole lot of dancing as well as karaoke. She cannot wait to be a part of another great night.



Valentine's Day at RRM

Dan McAllister, Program Manager
Westbrook, ME

February 14th was Valentine's Day and Residential Resources up in Maine celebrated with a party!! Mallory Hoffman played Cupid and spent lots of her time decorating and making oodles of cupcakes. We had a big turnout, all in the Valentine's Day spirit!!

As the crowd gathered, some chose to spend time in the craft room. Folks created colorful, crafty hearts and spent some time socializing and having a bite to eat. Further down the hallway folks entered the "decorate your own cupcake" room. There was every kind of sugary confection imaginable to top off your cupcake. In addition, the kitchen had lots of yummy snacks. We have had numerous holiday parties held here but this was the first Valentine's Day celebration. From the reaction of the attendees I would say it was a hit and will hopefully have a sequel next year. Thank you very much Mallory!!



I Celebrated My Birthday Twice!

Michelle Leger, Participant
Emerald St., Keene, NH

On February 28 my DSP, Jodie took me to D'Angelo to celebrate my birthday.

Then on my actual birthday, March 2, Chris, my manager, took me to Applebee's for lunch. The staff there sang Happy Birthday to me. After lunch we went to see the movie "The Wild". It is a movie about dog sledding. Then I went to coffee group at Dunkin Donuts and I got a free donut for my birthday. I turned 42.

I had a great birthday.



Thank you to everyone who contributes articles and pictures to the newsletter.

Articles are due by the second Friday of each month for that month's newsletter. The newsletter will be posted at www.resresources.com on the last business day of each month.

If you do not have access to the internet and would like a copy of the newsletter mailed to you, please contact your local Residential Resources office to make arrangements.

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William K. Schofield, Ph.D

Founder and Owner

Our Guiding Principles

Creativity We foster creativity by exploring and learning, embracing change, and pursuing best practice. We always ask ourselves, 'Is there a better way?'

Truth / Honesty We foster an environment where open and honest feedback and sharing are expected, encouraged, and supported. We honor commitments; and we share feelings, opinions, experiences, ideas, and information in order to optimize each individual's personal and professional growth and development.

Empowerment We empower people through a process which includes giving them the opportunities, the authority, the information, and the examples necessary to become successful decision makers.

Diversity We welcome and value different perspectives, contributions, and capabilities. We promote growth, opportunity, and experience.

Quality We continually improve our services by: Promoting positive change; Increasing knowledge and skills; Encouraging personal growth; Valuing individual differences; Learning from our experiences.

Respect We believe that respect is a right, and we conduct ourselves accordingly. Our standards include the exercise of human dignity; the honoring and valuing of self and others; and communication that is clear, direct, and honest.

Trust We create trust by being consistent, stable, honest, and reliable. Trust also requires sincerity, knowledge, and capability.