

## A Rising Star

By Maureen Van Woert, Service Coordinator  
Ballston Lake, NY

Douglas Bartling, Jr, is a young man with whom I work through the NHTD Waiver program who has really done some impressive things this past year. Doug has a Spinal Cord Injury which is the result of a diving accident... but does he let that stop him? No way!!

Since his injury, which left him with very little use of his arms and legs, Doug has graduated with 2 degrees - an Associates Degree in Human Services and most recently, a degree in Radio Broadcasting from The New School Center for Media in Albany, NY!

While attending The New School, Doug was featured in a documentary, which you can view here: <http://www.youtube.com/watch?v=3ldwcb2unCM&feature=related> or search for The Doug Bartling Story on YouTube.

Recently, Doug started working at Albany Broadcasting as the morning traffic reporter for a number of local radio stations. If you happen to be in the Albany area, you just might catch him on your morning commute!

A few months ago, Doug decided to audition for an acting role! He landed the role and is currently being featured in a commercial being broadcast on numerous television stations in our area. This is part of a series of commercials being sponsored by the Albany County Department of Health, focusing on Emergency Preparedness. Go to this link: <http://www.albanycounty.com/departments/health/emergprepare.asp?id=3309> and click on the 3<sup>rd</sup> one down to see Doug in the Flood Evacuation Emergency Kit video.

As you can see, Doug is quite talented! He has an outstandingly positive attitude and amazing determination. He is truly inspirational and a great reminder to all of us to work hard to overcome obstacles in pursuit of our goals, no matter how great they may be!

## Volunteering at the Veterans' Home in Scarborough

By Jerome Gonyer, Participant  
Scarborough, ME



I volunteer at the Veterans' Home in Scarborough, ME. I began volunteering about five months ago and really enjoy it. I meet up with Bob, a war veteran, and we usually play checkers, Uno, or use the Wii together. He seems to really enjoy my company and a couple weeks back gave me a veteran's hat that belonged to him.

Last week the Veterans' Home invited me to a volunteer banquet that was put on to show appreciation to the volunteers at the home. They had a band, Tricky Britches, and lots of good food to eat. I had baked fish and the staff that accompanied me had chicken. It was very good. They served chocolate mousse for dessert. That was the best part of the meal.

I appreciated the dinner that was put on for us. It made me feel important! I am glad to have the opportunity to volunteer at this home and would encourage others to look into this opportunity.

## Making Our Garden Grow

By Diane McCarthy  
Manchester, NH

Community is what makes a Community Garden. This year's RRI Garden Project at the Concord Community Garden site is no exception, bringing many hands together to make the work light and just plain fun. Jen Boisvert has graciously taken on the task of 'lead gardener' again this year, keeping us all coordinated.

Karin and I have been doing a bit of weeding here and there while waiting for the ground to be ready and we jumped at the chance to get started planting on June 1 when the spring rains let up for a bit. Jen had gotten a head start with leeks from seed and onion sets a couple of weeks before when the ground allowed her.



We checked on the leeks. They were not quite ready to be thinned yet...but we enjoyed pulling one and seeing and tasting what an 'infant' leek is like. It has a very strong onion-family taste for a root. It looks like a leek underground and like a blade of grass above when 3 weeks old. We got the carrots planted, transplanted some of the 'volunteer' lettuces to be their row markers (great suggestion from Jen!) and mostly just enjoyed being outdoors visiting and seeing the various gardens take shape for another growing season.

Looking forward to seeing you all there and sharing the bounty!

## The Walk of Hope

By Kevin Defayette, Regional Director  
Peru, NY

May 26, 2012 marked the first Walk Of Hope event located in Plattsburgh, New York. This fundraiser was organized to benefit neurodegenerative diseases such as ALS (Amyotrophic Lateral Sclerosis), Alzheimer's, Huntington and Parkinson's.

Theresa Guynup, Peru Office Service Coordinator Supervisor; Amanda Maggy, Associate Director of Administration; and Fontilla Richardson, Relief DSP volunteered for the festivities associated with the event. Residential Resources also served as a Corporate Sponsor lending to the \$93k that was raised and donated to Boston General for continued research.



Amanda Maggy, Associate Director of Administration, minding the popcorn machine.



Fontilla Richardson, DSP, cooling off in the dunking booth.

## Special Olympics Track & Field at UNH

By Chelly Leger, Participant  
Emerald St., Keene, NH

We left on Friday, June 1, 2012 at 7:30 in the morning and we got to UNH at 9:00 in the morning. We did the parade, then the opening ceremonies and then we went to do the events. There was the 50 meter run, 100 meter run, the 200 meter walk and standing long jump. My friends Cindy and John did Bocce and I had fun watching them.

The 50 and 100 meter runs, the 200 meter walk, and the standing long jump were rained out. Christie, my home provider, went with me. We slept in the dorms for one night. I got two 3<sup>rd</sup> place medals, one for the 50 meter run and one for the 200 meter walk. I also got one green ribbon for trying the standing long jump.



**Thank you to everyone who contributes articles and pictures to the newsletter.**

Articles are due by the second Friday of each month for the following month's newsletter. The newsletter will be posted at [resresources.com](http://resresources.com) on the fourth Friday of each month.

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