

# Community News

A Newsletter for Friends of Residential Resources, Inc.

May 2021

## Rotary Club

Rhonda Lemire &  
Betty Arsenault, Home Provider

The Rotary Club is an organization where “neighbors, friends, and problem-solvers share ideas, join leaders, and take action to create lasting change.”

We have been longtime volunteers with the Rotary Club and we travel to various clubs. We live in Franklin, NH and are trying to start a charter in our hometown where we have been lifelong residents.

We are picking up 4000 medical face masks from the Rotary in Bedford, NH and will be distributing the PPE to various agencies in their communities, like the Visiting Nurse Association. Rhonda loves contributing to making her community better. Betty gets great satisfaction in volunteering with the Rotary and being able to see a difference in her community and others that they have been associated with.

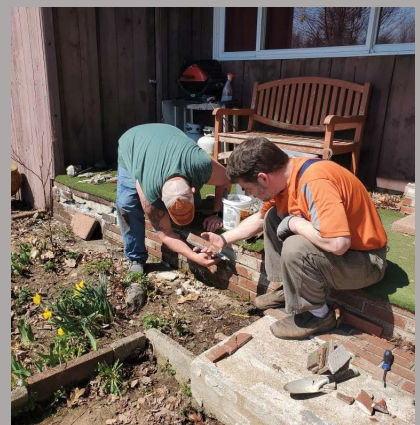


## Many Hands Make Light Work

John Flynn &  
Shelby Arlen, Home Provider  
Emerald St., Keene, NH

Spring cleaning in the works. Extra hands were needed. Working on a new patio for my home providers' grandmother. She will be so surprised.

I helped Gene pull up all the old patio bricks, we leveled the area and bought new bricks. We laid all of the new bricks down. It is great when friends get together to help each other and do a project that is meaningful for our loved ones.



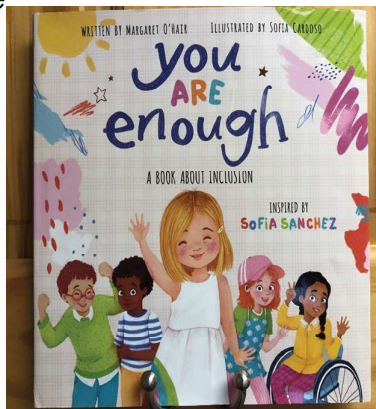
## You Are Enough

Laurie King, Administrative Assistant  
Plattsburgh, NY

This is just a little reminder that just because a person has a developmental disability does NOT mean they are incapable of great accomplishments.

As society has the habit of labeling and defining people and due to the label that may have been "tagged" on them. We ourselves need to look beyond the label and so called definition of such label and take a look at the person for who they are. As everyone is capable of doing and or becoming a great success in life just by being themselves and believing in themselves.

I would like to take a moment and bring your attention to a book that was inspired by Sofia Sanchez, a young model and actress who was born with Down Syndrome. This book is about how being different can be hard and goes on to remind kids of how important it is to embrace who you are and that although you may be different this does not define who you are or what you may become. The book also speaks of being confident and to be proud of who you are, because "You are Enough".



The next time you come in contact with a person who has a developmental disability, take the time to get to know this person for who he/she may be before casting judgement, you may be surprised of what you discover. So be kind, be brave and most of all Be You! How would this world be if we were all exactly the same?

## Gregg the Puzzle Master

Patrice Aguda-Brown, Home Provider  
Emerald St., Keene, NH

Since the start of COVID lockdown, Gregg has been earning medals and ribbons for completing 1,000 piece puzzles. He completes the puzzles in 1 week and at the end receives an award and photo. His favorite puzzles to put together are of the White Mountains. He likes to do all kinds including stamps, album covers, farm scenes, nature scenes, maps, famous people, and more! He is very proud of this and is a master at putting them together quickly! Go Gregg - The Puzzle Master of North Lincoln Street!



## Larry's Spring Update

Gina Ocasio, Program Manager  
Londonderry, NH

Larry is enjoying his iPad and is requesting to use it to call people. He wants the warmer weather to continue, so he can go to car shows. He's also excited because his potential new roommate and his family came to the house for lunch a few weeks ago, and he found out they have a lot in common. They like the same type of music, tv shows, antique cars, and trucks. Larry stole the show at lunch with his singing and dancing for everyone.

## Meeting Jodi Theriault!

Mallory Hoffman, Program Manager  
Westbrook, ME

I would like to introduce you all to our new Program Manager, Jodi Theriault. Jodi started working at our Maine office in April 2021. She will be managing three of our group homes in the Westbrook/South Portland area. While working with Jodi for the past couple of weeks I have had the opportunity to get to know her more and more each day. Jodi is a loving and supportive wife to her husband of 13 years, she has 3 beautiful children who help keep her on her toes, and not only does she work for WKS, she is also a part time spin instructor and co-owner of a tattoo shop. Jodi has many years of DSP work under her belt; 5 years to be exact, and is eager to bring her positive energy to our team. Fun Facts: Jodi's favorite color is yellow, favorite food is salt & vinegar chips, and she was on two reality TV shows. Let's all give Jodi a warm welcome!



*Thank you to everyone who contributes articles and pictures to the newsletter.*

Articles are due by the second Friday of each month for that month's newsletter. The newsletter will be posted at [www.resresources.com](http://www.resresources.com) on the last business day of each month.

If you do not have access to the internet and would like a copy of the newsletter mailed to you, please contact your local Residential Resources office to make arrangements.

### **Community News**

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### **Residential Resources, Inc.**

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### **William K. Schofield, Ph.D**

Founder and Owner

## Our Guiding Principles

**Creativity** We foster creativity by exploring and learning, embracing change, and pursuing best practice. We always ask ourselves, 'Is there a better way?'

**Truth / Honesty** We foster an environment where open and honest feedback and sharing are expected, encouraged, and supported. We honor commitments; and we share feelings, opinions, experiences, ideas, and information in order to optimize each individual's personal and professional growth and development.

**Empowerment** We empower people through a process which includes giving them the opportunities, the authority, the information, and the examples necessary to become successful decision makers.

**Diversity** We welcome and value different perspectives, contributions, and capabilities. We promote growth, opportunity, and experience.

**Quality** We continually improve our services by: Promoting positive change; Increasing knowledge and skills; Encouraging personal growth; Valuing individual differences; Learning from our experiences.

**Respect** We believe that respect is a right, and we conduct ourselves accordingly. Our standards include the exercise of human dignity; the honoring and valuing of self and others; and communication that is clear, direct, and honest.

**Trust** We create trust by being consistent, stable, honest, and reliable. Trust also requires sincerity, knowledge, and capability.