

# Community News

A Newsletter for Friends of Residential Resources, Inc.

March 2013

## MDS Art Show

By Leona Carney, DSP  
Emerald St., Keene, NH

I recently had the pleasure of assisting David Waterman with participating in the MDS Art Show. There were many familiar people at the art show that David knew from the last show he participated in. This year he displayed many new pieces that he recently completed. All of the pieces this year were acrylic paintings. David appreciated all of the different arts and crafts.

He particularly liked the hand-made jewelry and wood paintings that artists had displayed. David has worked very hard developing his art, as well as his ability to comfortably share it with others. Way to go, David!



## New Year's Celebration

By Mary Jo Merrill  
Emerald St., Keene, NH

On January first the whole gang went out for Chinese food. The gang was Shawn, Arline, Linda and I. We enjoyed ourselves very much. This was a great start to the New Year. The togetherness was wonderful because my family was busy so I was not able to see them.

I also enjoyed getting a new fish from Jessica for Christmas. I am hoping to take better care of my fish all by myself.

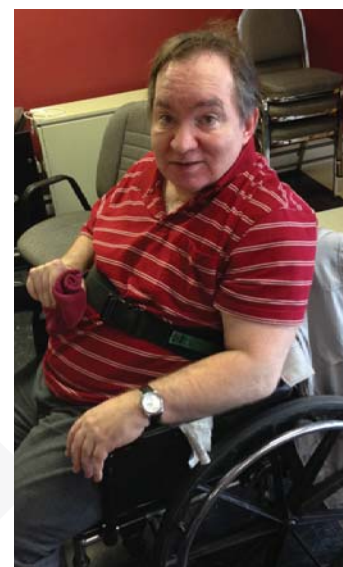
*Left: Mary Jo opening a gift on Christmas.*



## Valentine's Day Fun!

By Lauren Saleem, Intern  
Peru, NY

February 13<sup>th</sup> was our Valentine's Day party at the Structured Day Program. We had a lot of fun! Everyone brought in snacks to share. There was music, good conversations and even greater attitudes! We love hosting holiday parties for our participants. Holiday parties are fun ways to get together and celebrate. We had fun Valentine's Day activities for everyone and some of us even got up and danced to the music. It was a great day and some of the participants brought in Valentines for everyone. It so nice to see everyone in the holiday spirit!



## Snow Storm Heroes

By Bridget McCabe, Associate Director  
Scarborough, ME

Wow! We had a snow storm in Maine this past weekend that beat all records. Gorham got 35 inches! We had staff who also beat records in preparing for this storm: making sure plenty of food and snacks were in the home, working long hours, covering shifts, checking that generators were working and gassed up, and providing entertainment to storm-bound folks. These staff heroes planned ahead!

The snow came down fast and furious, and winds exceeded 50 miles per hour. Snow filled doorways and walkways; driveways were snowed in. It was challenging to keep up with the snow. One staff told us as soon as she cleared one area and turned around, it was snow covered again. Many staff were contacted by these heroes and told to stay home, stay safe, your shift is covered. Some brought overnight bags in on Friday and stayed at the programs through the week-

end. Others went from one house to another so other staff could stay off the roads. Driveways, doorways and walkways were kept clear, vans and vehicles were moved and cleared off. By Sunday, all was neat and clean.

The snow was beautiful, light, and fluffy, but storms of this nature can pose a serious threat to people's safety. Keeping doorways, walkways, and driveways clear and sanded was essential; what if there were to be a fire or medical emergency? The staff highlighted in this article rose above and beyond the normal course of duty and expectations according to their supervisors. These staff were out in the high winds and blowing snow keeping homes safe and folks warm and cozy inside. Throughout the weekend, in homes where these heroes worked, homes were safe and people were content and happy.



## THANK YOU TO ALL YOU STORM HEROES!

*Doug Gillies  
Andrew Lamprey  
Ruqiya Abdulle  
Maggie Guzman  
Donna Hamilton  
Lisa Paquette  
Stephanie Burke  
Logan Cutlip  
Kate Dargie*

*Nicky Dudley  
Matt Babineau  
Joe Dixon  
Aline Uwamariya  
Dieudonne Niyonsaba  
Heather Castonguay  
Michelle Reilly  
Debbie Johnson*

## MOVIN' ON UP!

By Kevin R. Defayette, State Director  
New York

From time to time, I take a moment to reflect upon all of the amazing things that we are accomplishing as a collective team of human service professionals. Through our work together, we help others to set goals, take risks, stretch limits, step out of comfort zones and break glass ceilings.

The aforementioned takes vision, thoughtful planning, creative thinking, drive, enthusiasm, tenacity and occasionally plain old fashioned grit. You've got to want it...you've got to want to make a difference and commit selfless acts for the greater good.

As an organization...a family of sorts, we are so very, very fortunate to have employees on all levels that provide inspiration and who can walk the walk every day.

One of those individuals is **Tami Loya**. Tami chose to join us nearly one year ago and has served as a Service Coordinator Supervisor at the Ballston Lake, New York office. However don't let the title fool you. She has worn many hats since she began her tenure here while rolling up her sleeves and digging in. The knowledge and experiences that she has brought to our table has proven to be valuable and have already lent to growth in this region.



As a result, Tami was offered and has agreed to take on a newly developed role at the Ballston Lake Office, that of **Associate Director**. She will use her expertise to manage the activities of service coordination and residential services provided throughout the Capital District, encompassing 14 counties.

We are fortunate to have a strong team here...and excited to move forward with your leadership while enjoying continued success!

Congratulations on your new position, Tami!

# Mardi Gras in ManchOrleans!

By Toni Pulli, Program Manager  
Manchester, NH

This year, with the holidays being so crazy and stressful, we decided not to add to it all by adding yet ANOTHER holiday party; instead, we changed things up a bit and after the holiday craze died down, we threw a Mardi Gras bash!

As we were planning the party, we were hoping all of our friends would be super excited because the Patriots had just won the Super Bowl Championship... that part did not work out.

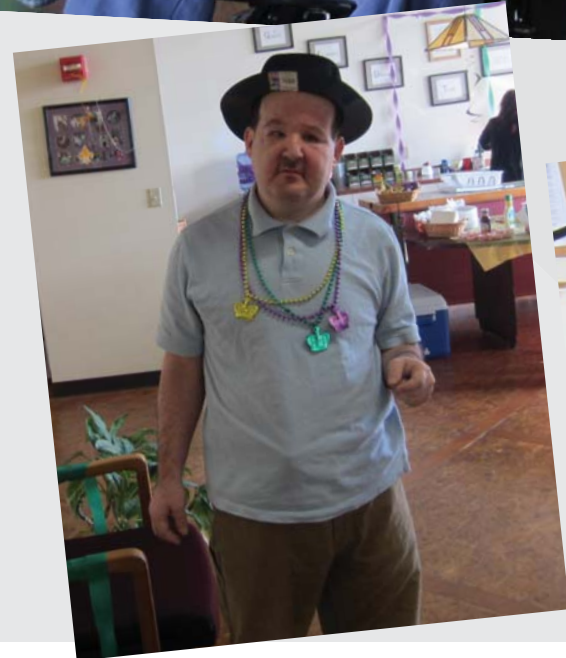
Of course our favorite football team choking in the AFC final was not going to bring us down! The Baltimore Ravens becoming Super Bowl Champions... well, that brought us down a little. So... a party was definitely in order to cheer us up! On we went with the Mardi Gras bash!

The party was a great success. We had beads, great jazz music, jambalaya, masks, feathers, and something called King Cake. King Cake is delicious! It's like a cinnamon roll in a doughnut shape. Tiffany wore a funny hat; most of us thought the hat was going a little too far. I mean, the Ravens just won the Super Bowl!

We had a chance to connect with some people we have not seen in a while, and everywhere you looked someone was smiling or laughing. Thank you to Tiffany for getting all of our decorations, invitations, and planning done, for Tina for decorating the place, and the biggest thank you to all of our friends and colleagues who attended and contributed to such a great afternoon!



*Continued from page 5 -  
More pictures from ManchOrleans!*



# Who Says Work Can't Be Fun?!

By Sherrie Matarozzo  
Manchester, NH

On Tuesdays, I work at Fox Den, a 42 bed retirement community in Sandown. I help Sue, the recreation staff, find stuff to do for the residents and myself. I like all the residents, mostly because I enjoy meeting different people. It's never a dull moment because of the fun games we play. For example, on Tuesday we played Wheel of Fortune on the Wii. I really enjoyed it because it was neat how everyone was able to play it and look at the screen to pick your letter. After we are done playing the games I visit with the residents and I really like this because it gives me a chance to get to know them better.



They also have a bird named Molly. Molly is a Cockatiel. She is a really neat bird; she cracks me up when she starts talking. I can't really understand what she is saying to me but most of the time it sounds like "Good Morning Sherrie!" She is a cute bird and very talkative, the residents love her because she is a part of their home.

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**Thank you to everyone who contributes articles and pictures to the newsletter.**

Articles are due by the second Friday of each month for the following month's newsletter. The newsletter will be posted at [www.resresources.com](http://www.resresources.com) on the fourth Friday of each month.

If you do not have access to the internet and would like a copy of the newsletter mailed to you, please contact your local Residential Resources office to make arrangements.

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**William K. Schofield, Ph.D**

Founder and Owner

## Our Guiding Principles

**Creativity** We foster creativity by exploring and learning, embracing change, and pursuing best practice. We always ask ourselves, 'Is there a better way?'

**Truth / Honesty** We foster an environment where open and honest feedback and sharing are expected, encouraged, and supported. We honor commitments; and we share feelings, opinions, experiences, ideas, and information in order to optimize each individual's personal and professional growth and development.

**Empowerment** We empower people through a process which includes giving them the opportunities, the authority, the information, and the examples necessary to become successful decision makers.

**Diversity** We welcome and value different perspectives, contributions, and capabilities. We promote growth, opportunity, and experience.

**Quality** We continually improve our services by: Promoting positive change; Increasing knowledge and skills; Encouraging personal growth; Valuing individual differences; Learning from our experiences.

**Respect** We believe that respect is a right, and we conduct ourselves accordingly. Our standards include the exercise of human dignity; the honoring and valuing of self and others; and communication that is clear, direct, and honest.

**Trust** We create trust by being consistent, stable, honest, and reliable. Trust also requires sincerity, knowledge, and capability.



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